

**Stay Strong, Stay Healthy**



## **Voluntary Physician Authorization Form**

Patient's Name: \_\_\_\_\_ Birth Year: \_\_\_\_\_

☐ Yes, my patient can participate.

☐ Yes, my patient can participate with the following limitations:

☐ No, my patient cannot participate at this time because of their medical conditions and health status.

Physician's signature: \_\_\_\_\_

Print name: \_\_\_\_\_ Date: \_\_\_\_\_

Phone number: \_\_\_\_\_ Fax: \_\_\_\_\_

This form may be given to the patient, OR sent to the course instructor at:

Please return this form by: \_\_\_\_\_

*For instructor use. Valid for one year.*