

Stay Strong, Stay Healthy



Voluntary Physician Authorization Form

Patient's Name: _____ Birth Year: _____

☐ Yes, my patient can participate.

☐ Yes, my patient can participate with the following limitations:

☐ No, my patient cannot participate at this time because of their medical conditions and health status.

Physician's signature: _____

Print name: _____ Date: _____

Phone number: _____ Fax: _____

This form may be given to the patient, OR sent to the course instructor at:

Please return this form by: _____

For instructor use. Valid for one year.