A Kansas SNAP-Ed *EZ Does it* Recipe

Ham and Pasta Salad

Servings: 6

**Ingredients:**
- 2 cups macaroni (uncooked)
- 4 tablespoons light mayonnaise
- 1 small onion (chopped)
- 2 stalks celery (chopped)
- 1 green pepper (chopped)
- 1 teaspoon mustard
- 1 teaspoon garlic powder
- ¼ teaspoon black pepper
- 6 ounces ham (cubed, about 1 cup)

**Remember to wash your hands with soap and warm water before and after cooking.**

**Directions:**
1. Cook macaroni according to package directions. Rinse with cold water until macaroni is cool.
2. Combine all ingredients in a large bowl, mixing well.
3. Refrigerate for at least 1 hour before serving.

**Nutrition Facts:** Each one-cup serving provides 220 Calories, 6g Total Fat, 1g Saturated Fat, 430mg Sodium, 29g Total Carbohydrate, 2g Dietary Fiber, 10g Protein