FRONTIER EXTENSION DISTRICT
END OF YEAR
4-H RECORD CHECK SHEET

YEAR ____________________

NAME ____________________________________________

SECTION A COMPLETED __________

4-H AGE __________
SEAL RECEIVED __________

SECTION B TOTAL POINTS ________

For club use, check with club leader for due date. 4-H members need to complete this checklist in order to receive a Record Book Seal. This sheet is used in determining 4-H awards. Therefore, only involvement in 4-H events and activities should be counted. There are two sections. Section A is required by all members. Section B is a list members should check after attending or completing a 4-H event or activity. This check sheet will serve the following purposes:
   a) To help members record and remember events/activities attended
   b) To provide leaders or other evaluators a uniform guideline in rating records

SECTION A - required

Picture on Personal Page
Personal Page completed
4-H Story completed
All KAPs or project records completed for each project
Permanent Record updated and completed

All of Section A must be completed in order to receive a Record Book Seal.

SECTION B - optional
The record book seal will be determined by the number of “optional” points achieved for your age (see chart). Do not include Section A in this count.

<table>
<thead>
<tr>
<th>Age</th>
<th>Purple</th>
<th>Blue</th>
<th>Red</th>
<th>White</th>
</tr>
</thead>
<tbody>
<tr>
<td>7-10</td>
<td>10 or more</td>
<td>5-9</td>
<td>1-4</td>
<td>To be given if member has been inactive</td>
</tr>
<tr>
<td>11-13</td>
<td>20 or more</td>
<td>10-19</td>
<td>1-9</td>
<td></td>
</tr>
<tr>
<td>14-18</td>
<td>28 or more</td>
<td>16-27</td>
<td>1-15</td>
<td></td>
</tr>
</tbody>
</table>

K-STATE RESEARCH AND EXTENSION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER
SECTION B - optional

** Indicates one point for one activity, two points for two or more activities

Club Level

_______ Attended 1/2 or more club meetings

_______ Attended a majority of project meetings

_______ Held an office in the club

Office held ____________________________________________

_______ **Worked on a club committee

Name of committee ____________________________

_______ Presented a project talk to 4-H club or project meeting

Title _____________________________________________ Date ___________

_______ Presented a demonstration to 4-H club or project meeting

Title _____________________________________________ Date ___________

_______ Presented other program at a 4-H club or project meeting

Title _____________________________________________ Date ___________

_______ Helped serve refreshments or clean up at a 4-H club meeting

Date ___________

_______ Attended a club exchange meeting

_______ Participated in a club level judging school at 4-H meeting or a project meeting

_______ Attended a club 4-H Sunday service

_______ Attended a club tour

_______ **Served as a project leader or junior project leader - list project; one point each

_________________ __________________________ ________________

_______ Attended a club achievement program

_______ Participated in an out-of-county trip planned by the club (educational or social)

_______ Got a new member to join 4-H

Name of member ____________________________

_______ Parent/Guardian attended 6 or more 4-H club meetings, project meetings and/or other club events.

_______ Any significant club event or activity not duplicated in this section - please list; one point per event

_________________ __________________________ ________________

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Promoted 4-H through an activity - handout, poster, display, booth, radio, television, presentation or speech to a non 4-H group, etc. - please list

Attended majority (more than 1/2) county/district meetings for CWF, Ambassadors, Project Meetings for horse, vet science, dog, poultry, rabbit, etc.

Attended district 4-H Sunday

Attended county 4-H Achievement Night

Participated in a District Officers Training

Participated in Model Meeting or Gavel Game at District Club Day

Participated in District 4-H Club Day (other than Model Meeting or Gavel Game) - please list

Served as a room monitor at District Club Day

Participated in a county judging contest, school, quiz bowl or skill-a-thon

Attended 4-H camp at Rock Springs

Served as a counselor at 4-H camp at Rock Springs

Attended Day Camp as a participant

Served as a junior leader/counselor at Day Camp

Participated in a county/district wide workshop/clinic (i.e. Horsemanship Clinic, KAP Training, etc.)

Participated in Favorite Food Show or Fashion Revue

Participated in a county/district wide trip (i.e. ski trip, float trip, canoe trip, etc.)

Exhibited at the Franklin Co., Lane, Melvern, Osage City, Overbrook or Richmond Fair (circle all that apply)

Helped with fair set-up or clean-up

Served as an officer on county Council or in a county project group - List group & office;

Participated in any other significant county event/activity - please list;
(i.e. 4-H King/Queen, Mr./Miss 4-H, etc.)
Beyond District/County Level
*may have been done in previous years - date must be noted

_______ Participated at Regional Club Day

_______ Served as a room monitor at Regional Club Day

_______ Attended Campference, Discovery Days or Kansas Youth Leadership Forum
(circle those attended; one point per event)

_______ *Taught or co-taught at Discovery Days

_______ *Attended Citizenship Washington Focus

_______ *Participated as a host or delegate in a recognized 4-H exchange trip or
program with another county/district, state or country

_______ *Attended the Kansas City Global Summit, National Congress, National Conference or other
special trips (please list; one point per event)


Date ________________ Date ________________

_______ Attended a state project camp (Horse Panorama, Dog Conference, Geology Field Trip, GearTech-21, etc.)

_______ Attended the Kansas State Fair or Kansas Junior Livestock Show

_______ Participated in Kansas Junior Livestock Show, Kansas State Fair Livestock Show or
Kansas All Breeds Dairy Show (circle those attended; one point per event)

_______ Gave demonstration at State Fair or participated in state or area quiz bowl or judging contest/school (FCS,
Photo, Livestock, Meat or Crops Judging Team, Area Favorite Food Show, etc.) - list; one point per event

_______ Participated in Kansas State Fair by exhibiting project(s); livestock exhibits, judging teams and
demonstrations are not included, see above)

_______ State Fair Exhibit was selected as a Special Recognition Exhibit (exhibit chosen for display at Rock Springs,
Governor's Office, K-State President's Office, State 4-H Office, Senators/Representatives Building, etc.)

_______ *Had KAP go on to state screening (Senior level only)

_______ Served on State Youth Council

_______ Other honors or events not already listed on this form (i.e. State Action Team, State Project Winner, etc.)
please list; one point per event


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Revised 8/2013