FRONTIER EXTENSION DISTRICT
ADJUSTED END OF YEAR
4-H RECORD CHECK SHEET

YEAR ____________________

NAME ____________________________________________

SECTION A COMPLETED __________

4-H AGE __________

SEAL RECEIVED __________

SECTION B TOTAL POINTS __________

For club use, check with club leader for due date. 4-H members need to complete this checklist in order to receive a Record Book Seal. This sheet is used in determining 4-H awards. Therefore, only involvement in 4-H events and activities should be counted. There are two sections. Section A is required by all members. Section B is a list members should check after attending or completing a 4-H event or activity. This check sheet will serve the following purposes:

a) To help members record and remember events/activities attended
b) To provide leaders or other evaluators a uniform guideline in rating records

SECTION A - required

Picture on Personal Page

Personal Page completed

4-H Story completed

All KAPs or project records completed for each project

Permanent Record updated and completed

All of Section A must be completed in order to receive a Record Book Seal.

SECTION B - optional

The record book seal will be determined by the number of “optional” points achieved for your age (see chart). Do not include Section A in this count.

<table>
<thead>
<tr>
<th>Age</th>
<th>Purple</th>
<th>Blue</th>
<th>Red</th>
<th>White</th>
</tr>
</thead>
<tbody>
<tr>
<td>7-10</td>
<td>8 or more</td>
<td>4-7</td>
<td>1-3</td>
<td>To be given if member</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>has been inactive</td>
</tr>
<tr>
<td>11-13</td>
<td>15 or more</td>
<td>9-14</td>
<td>1-8</td>
<td></td>
</tr>
<tr>
<td>14-18</td>
<td>23 or more</td>
<td>16-22</td>
<td>1-15</td>
<td></td>
</tr>
</tbody>
</table>
Club Level

- Attended 1/2 or more club meetings
- Attended a majority of project meetings
- Held an office in the club
  - Office held ________________________________
- **Worked on a club committee
  - Name of committee ___________________________

- Presented a project talk to 4-H club or project meeting
  - Title __________________________________________ Date _____________
- Presented a demonstration to 4-H club or project meeting
  - Title __________________________________________ Date _____________
- Presented other program at a 4-H club or project meeting
  - Title __________________________________________ Date _____________
- Helped serve refreshments or clean up at a 4-H club meeting
  - Date _____________
- Attended a club exchange meeting
- Participated in a club level judging school at 4-H meeting or a project meeting
- Attended a club 4-H Sunday service
- Attended a club tour
  - **Served as a project leader or junior project leader - list project; one point each
    - ____________________  ____________________  ____________________
- Attended a club achievement program
- Participated in an out-of-county trip planned by the club (educational or social)
- Got a new member to join 4-H
  - Name of member ________________________________
- Parent/Guardian attended 6 or more 4-H club meetings, project meetings and/or other club events.

Any significant club event or activity not duplicated in this section - please list; one point per event
  - ____________________  ____________________  ____________________
Frontier District/County Level

**indicates 1 point for 1 event; 2 points for 2 or more events**

Promoted 4-H through an activity - handout, poster, display, booth, radio, television, presentation or speech to a non 4-H group, etc. - please list

Attended majority (more than 1/2) county/district meetings for CWF, Ambassadors, Project Meetings for horse, vet science, dog, poultry, rabbit, etc.

Attended district 4-H Sunday

Attended county 4-H Achievement Night

Participated in a District Officers Training

Participated in Model Meeting or Gavel Game at District Club Day

**Participated in District 4-H Club Day (other than Model Meeting or Gavel Game) - please list**

Served as a room monitor at District Club Day

Participated in a county judging contest, school, quiz bowl or skill-a-thon

Attended 4-H camp at Rock Springs

Served as a counselor at 4-H camp at Rock Springs

Attended Day Camp as a participant

Served as a junior leader/counselor at Day Camp

Participated in a county/district wide workshop/clinic (i.e. Horsemanship Clinic, KAP Training, etc.)

Participated in Favorite Food Show or Fashion Revue

Participated in a county/district wide trip (i.e. ski trip, float trip, canoe trip, etc.)

**Exhibited at the Franklin Co., Lane, Melvern, Osage City, Overbrook or Richmond Fair (circle all that apply)**

Helped with fair set-up or clean-up

Served as a superintendent or junior/assistant superintendent at a fair

Participated in a county 4-H Council or Development Fund fund-raising event (fair concession stand, etc.)

**Held an office on county Council or in a county project group - List group & office;**

**Participated in any other significant county event/activity - please list; (i.e. 4-H King/Queen, Mr./Miss 4-H, etc.)**
Beyond District/County Level
*may have been done in previous years - date must be noted

______ Participated at Regional Club Day
______ Served as a room monitor at Regional Club Day
______ Attended Campference, Discovery Days or Kansas Youth Leadership Forum (circle those attended; one point per event)
______ *Taught or co-taught at Discovery Days Date ______________________
______ *Attended Citizenship Washington Focus Date ______________________
______ *Participated as a host or delegate in a recognized 4-H exchange trip or program with another county/district, state or country Date ______________________
______ *Attended the Kansas City Global Summit, National Congress, National Conference or other special trips (please list; one point per event) Date ______________________ Date ______________________ Date ______________________

______ Attended a state project camp (Horse Panorama, Dog Conference, Geology Field Trip, GearTech-21, etc.)
______ Attended the Kansas State Fair or Kansas Junior Livestock Show
______ Participated in Kansas Junior Livestock Show, Kansas State Fair Livestock Show or Kansas All Breeds Dairy Show (circle those attended; one point per event)
______ Gave demonstration at State Fair or participated in state or area quiz bowl or judging contest/school (FCS, Photo, Livestock, Meat or Crops Judging Team, Area Favorite Food Show, etc.) - list; one point per event ______________________ Date ______________________ Date ______________________ Date ______________________
______ Participated in Kansas State Fair by exhibiting project(s); livestock exhibits, judging teams and demonstrations are not included, see above)
______ State Fair Exhibit was selected as a Special Recognition Exhibit (exhibit chosen for display at Rock Springs, Governor’s Office, K-State President’s Office, State 4-H Office, Senators/Representatives Building, etc.)
______ *Had KAP go on to state screening (Senior level only) Date ______________________
______ Served on State Youth Council Year ______________________
______ Other honors or events not already listed on this form (i.e. State Action Team, State Project Winner, etc.) please list; one point per event ______________________ ______________________ ______________________

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