FRONTIER EXTENSION DISTRICT
END OF YEAR
4-H RECORD CHECK SHEET

YEAR ____________________

NAME ____________________________________________        SECTION A COMPLETED __________

4-H AGE __________      SEAL RECEIVED __________      SECTION B TOTAL POINTS ________

For club use, check with club leader for due date. 4-H members need to complete this checklist in order to receive a Record Book Seal. This sheet is used in determining 4-H awards. Therefore, only involvement in 4-H events and activities should be counted. There are two sections. Section A is required by all members. Section B is a list members should check after attending or completing a 4-H event or activity. This check sheet will serve the following purposes:

a) To help members record and remember events/activities attended
b) To provide leaders or other evaluators a uniform guideline in rating records

SECTION A - required

_____ Picture on Personal Page

_____ Personal Page completed

_____ 4-H Story completed (Generic Record Books Only)

_____ All Project Record Report Forms or Generic Forms completed for each project

_____ Permanent Record updated and completed

All of Section A must be completed in order to receive a Record Book Seal.

SECTION B - optional

The record book seal will be determined by the number of “optional” points achieved for your age (see chart). Do not include Section A in this count.

<table>
<thead>
<tr>
<th>Age</th>
<th>Purple</th>
<th>Blue</th>
<th>Red</th>
<th>White</th>
</tr>
</thead>
<tbody>
<tr>
<td>7-10</td>
<td>10 or more</td>
<td>5-9</td>
<td>1-4</td>
<td>To be given if member has been inactive</td>
</tr>
<tr>
<td>11-13</td>
<td>20 or more</td>
<td>10-19</td>
<td>1-9</td>
<td></td>
</tr>
<tr>
<td>14-18</td>
<td>28 or more</td>
<td>16-27</td>
<td>1-15</td>
<td></td>
</tr>
</tbody>
</table>

K-STATE RESEARCH
AND EXTENSION IS AN
EQUAL OPPORTUNITY
PROVIDER AND
EMPLOYER
SECTION B - optional  ** Indicates one point for one activity, two points for two or more activities

Club Level

- _______ Attended 1/2 or more club meetings
- _______ Attended a majority of project meetings
- _______ Held an office in the club  Office held ____________________________
- _______ **Worked on a club committee  Name of committee ____________________
- _______ Presented a project talk to 4-H club or project meeting
  Title ___________________________________________  Date ___________
- _______ Presented a demonstration to 4-H club or project meeting
  Title ___________________________________________  Date ___________
- _______ Presented other program at a 4-H club or project meeting
  Title ___________________________________________  Date ___________
- _______ Helped serve refreshments or clean up at a 4-H club meeting  Date ___________
- _______ Attended a club exchange meeting
- _______ Participated in a club level judging school at 4-H meeting or a project meeting
- _______ Attended a club 4-H Sunday service
- _______ Attended a club tour
- _______ **Served as a project leader or junior project leader - list project; one point each
  ___________________  ___________________  ___________________
- _______ Attended a club achievement program
- _______ Participated in an out-of-county trip planned by the club (educational or social)
- _______ Got a new member to join 4-H  Name of member _______________________
- _______ Parent/Guardian attended 6 or more 4-H club meetings, project meetings and/or other club events.
- _______ Any significant club event or activity not duplicated in this section - please list; one point per event
  __________________________  __________________________  ___________________
**Frontier District/County Level**  **indicates 1 point for 1 event; 2 points for 2 or more events**

________  Promoted 4-H through an activity - handout, poster, display, booth, radio, television, presentation or speech to a non 4-H group, etc. - please list

_______________________  ______________________  ______________________

________  Attended majority (more than 1/2) county/district meetings for CWF, Ambassadors, Project Meetings , etc.

________  Attended District 4-H Sunday

________  Attended County 4-H Achievement Night

________  Participated in a District Officers Training

________  Participated in Model Meeting or Gavel Game at District Club Day

________  **Participated in District 4-H Club Day (other than Model Meeting or Gavel Game) - please list**

______________________           ______________________

________  Served as a room monitor at District Club Day

________  Participated in a county judging contest, school, quiz bowl or skill-a-thon

________  Attended 4-H camp at Rock Springs

________  Served as a counselor at 4-H camp at Rock Springs

________  Attended Day Camp as a participant

________  Served as a junior leader/counselor at Day Camp

________  Participated in a county/district wide workshop/clinic

________  Participated in Favorite Food Show or Fashion Revue

________  Participated in a county/district wide trip (i.e. ski trip, float trip, canoe trip, etc.)

________  **Exhibited at the Franklin Co., Lane, Osage City, Overbrook or Richmond Fair (circle all that apply)**

________  Helped with fair set-up or clean-up

________  Served as a superintendent or junior/assistant superintendent at a fair

________  Participated in a county 4-H Council or Development Fund fund-raising event (fair concession stand, etc.)

________  **Held an office on county Council or in a county or district wide project group - List group & office;**

_______________________  ______________________  ______________________

**Participated in any other significant county event/activity - please list; (i.e. 4-H AmbassadorsMr./Miss 4-H, etc.)**

_______________________  ______________________  ______________________
**Beyond District/County Level**

* may have been done in previous years - date must be noted

_______ Participated at Regional Club Day

_______ Served as a room monitor at Regional Club Day

_______ Attended Campference, Discovery Days or Kansas Youth Leadership Forum (circle those attended; one point per event)

_______ *Taught or co-taught at Discovery Days Date ________________

_______ *Attended Citizenship Washington Focus Date ________________

_______ *Participated as a host or delegate in a recognized 4-H exchange trip or program with another county/district, state or country Date ________________

_______ *Attended the National Congress, National Conference or other special trips (please list; one point per event)

  Date ________________ Date ________________ Date ________________

_______ Attended a state project camp (Horse Panorama, Dog Conference, Geology Field Trip, GearTech-21, etc.)

_______ Attended the Kansas State Fair or Kansas Junior Livestock Show

_______ Participated in Kansas Junior Livestock Show, Kansas State Fair Livestock Show or Kansas All Breeds Dairy Show (circle those attended; one point per event)

_______ Gave demonstration at State Fair or participated in state or area quiz bowl or judging contest/school (FCS, Photo, Livestock, Meat or Crops Judging Team, Area Favorite Food Show, etc.) - list; one point per event

  ________________ ________________ ________________

_______ Participated in Kansas State Fair by exhibiting project(s); (livestock exhibits, judging teams and demonstrations are not included, see above)

_______ State Fair Exhibit was selected as a Special Recognition Exhibit (exhibit chosen for display at Rock Springs, Governor’s Office, K-State President’s Office, State 4-H Office, Senators/Representatives Building, etc.)

_______ *Had KAP or Project Report Form go on to state screening (Senior level only) Date ________________

_______ Served on State Youth Council Year ________________

_______ Other honors or events not already listed on this form (i.e. State Action Team, State Project Winner, etc.) please list; one point per event

  ________________ ________________ ________________

  ________________ ________________ ________________

Page 4
Revised 9/21